UO Psychology 607 Graduate Seminar

Winter 2014

Non-Pathologizing Approaches to Trauma

Instructors: Jennifer Freyd and Pamela Birrell

Syllabus (as of 7 January 2014)

CRN: 26459
Grading option: Optional
Credits: 2-4
Mondays 8:00 - 9:50 AM
Franky 271B

Course Home Page http://dynamic.uoregon.edu/~jjf/courses/psy607-win14/

Clinical Elective: We will request this status if anyone in class needs it.

Overview: We will explore theory and empirical research on non-pathologizing approaches to trauma prevention and healing. This will include analysis of what makes an approach pathologizing or not and what impact that has on those who encounter the approach. We will derive a vision for an approach to trauma that supports well-being, growth, justice, and peace.

Required books for the course:


Course Work: Students will be expected to attend all class meetings, do all assigned readings, and to participate actively in seminar discussion. In addition, each participant will lead a class discussion.
and, in advance of the class meeting, email to the class discussion questions by the Wednesday at noon before the Monday morning class. By the Wednesday at noon following the class, the student(s) leading discussion will email to the class a document including the discussion questions, any other presentation material, and capturing important discussion points from class.

Weekly Reading Assignments

Week 1, January 6: It Starts with a Dream

Discussion Leader: Kristen

Readings:

- Bloom & Farragher, Chapter 1

Week 2, January 13: Turning Imagination into Reality

Discussion Leader: Marina

Readings:

- Bloom & Farragher, Chapter 2

Week 3, January 20: MLK day, no class (but read -- double readings for Week 4)
**Week 4, January 27: Growth and Change -- and Commitment to Democracy**  
(meeting time might be shifted due to interview day)

**Note:** meeting time for class might be shifted due to admissions interview day

**Discussion Leaders:** Laura and Zeina

**Readings:**

- Bloom & Farragher, Chapters 3 & 4  
- Freyd (2013) on pathologizing language: [http://dynamic.uoregon.edu/jjf/nonpathologizing.html](http://dynamic.uoregon.edu/jjf/nonpathologizing.html)  

**Week 5, February 3: Commitment to Nonviolence**

**Discussion Leader:** Jenn L

**Readings:**

- Bloom & Farragher, Chapter 5  

**Week 6, February 10: Commitment to Emotional Intelligence**

**Discussion Leader:** Carly

**Readings:**

- Bloom & Farragher, Chapter 6  

**Week 7, February 17: Commitment to Social Learning**
Discussion Leader: Rosemary and Brianna

Readings:

- Bloom & Farragher, Chapter 7

Week 8, February 24: Commitment to Open Communication

Discussion Leaders: Jen G & Alec

Readings:

- Bloom & Farragher, Chapter 8

Week 9, March 3: Commitment to Social Responsibility

Discussion Leader: Lindsay

Readings:

- Bloom & Farragher, Chapter 9

Week 10, March 10: Pulling it All together

Discussion Leader: Sarah

Readings:

- Bloom & Farragher, Chapter 10
Possible Additional readings: (*For comparison.)

- Ford & Courtois (Eds, 2013) *Treating Complex Traumatic Stress Disorders in Children & Adolescents*, selected chapters

Related Material:

- Special issue of JTD on Non-Pathologizing Approaches
- The Trauma Healing Project

About your Instructors

- Pamela Birrell
- Jennifer Freyd

Jennifer Freyd <jjf@dynamic.uoregon.edu>
07-Jan-2014