Psychology 610: Clinical Methods and Ethics I  
Fall 2013

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Course Description: This course provides first year graduate students with an opportunity to develop fundamental professional and ethical skills in evidence-based Clinical Psychology. Students will learn about ethical principles and codes of conduct in psychology and examine their application to professional practice in Clinical Psychology. In addition, students will begin practicing basic helping skills that are associated with empirically supported relationship factors central to effective treatment across modalities. Lastly, students will develop an understanding of the theory and practice of cognitive and cognitive-behavioral therapies, and begin to practice implementing strategies and techniques associated with these interventions. We will use a variety of learning strategies including reading, discussion of reading materials, videos, presentations, written exercises, and role-play activities.

Course Requirements and Grading: I expect students to attend all classes and complete all assigned readings prior to class meetings. In addition, I expect students to participate in class activities, come to class prepared to discuss and apply the material in the assigned readings, and complete assignments on time. For each class meeting, there will be 1 attendance point and 3 participation points. Class participation may include applying concepts from the reading to class discussion and activities, engaging in role-play practices, discussion of videos, etc. Weekly assignments completed outside of class will also be included. Specific information about assignments will be presented in class. There are no exams in the course. I will assign course grades based on the total points earned from attendance, participation, and assignments.

A 90-100%
B 80-89%
C 70-79%
D 60-69%

Readings: The following books are required for the course. Additional readings will be made available on Blackboard.


### Tentative Class Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Readings:</th>
</tr>
</thead>
<tbody>
<tr>
<td>10/2</td>
<td>Course Introduction</td>
<td></td>
</tr>
<tr>
<td>10/9</td>
<td>Ethical Standards &amp; Decision Making</td>
<td>American Psychological Association (2002). Ethical principles of Psychologists and codes of conduct. 1-16.</td>
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</tbody>
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10/30

**Oregon State Statutes and Clinical Psychology**

**Readings:**

Statutes Pertaining to the Practice of Psychology: State of Oregon, Oregon Board of Psychologist Examiners

11/6

**Introduction to Cognitive and Cognitive Behavioral Theory and Treatments**

**Readings:**


11/13

**No Class Meeting**

11/20

**Case Conceptualization and Feedback in CBT**

**Readings:**


11/27

**Beginning Treatment in CBT**

**Readings:**


12/4

**An Overview of the Core CBT Interventions**

**Readings:**


