Psychology 610: Clinical Methods and Ethics I
Fall 2010

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Straub 290 & Straub 212
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Course Description: This course provides first year graduate students with an opportunity to develop fundamental professional and ethical skills in evidence-based Clinical Psychology. Students will learn about ethical principles and codes of conduct in psychology and examine their application to practice and service provision. In addition, students will begin practicing basic helping skills that create contribute to empirically supported relationship factors central to effective treatment across modalities. Lastly, students will develop an understanding of the theory and practice of cognitive and cognitive-behavioral therapies, and begin to practice implementing strategies and techniques associated with these interventions. We will use a variety of learning strategies including reading, discussion of reading materials, videos, presentations, written exercises, and role-play activities.

Course Requirements and Grading: I expect students to attend all classes and complete all assigned readings prior to class meetings. In addition, I expect students to participate in class activities, come to class prepared to discuss the assigned readings, and complete assignments on time. Specific information about assignments will be presented in class. For each class meeting, there will be 2 attendance points and 5 participation points. Participating in class typically includes preparing at least 3 typed discussion topics based on the assigned readings for the class period, as well as raising and responding to discussion topics during the class. In addition, class participation may include engaging in role-play practices, discussion of videos, etc. Assignments and exercises completed outside of class will be worth 10 points each. There are no exams in the course. I will assign course grades based on the total points earned from the points possible.

A 90-100%
B 80-89%
C 70-79%
D 60-69%

Readings: The following books are required for the course. Additional readings will be made available on Blackboard.


## Tentative Class Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
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</thead>
<tbody>
<tr>
<td>9/29</td>
<td>Course Introduction &amp; Characteristics of Effective Helping</td>
</tr>
<tr>
<td>10/6</td>
<td>Ethical Standards &amp; Decision Making</td>
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<tr>
<td></td>
<td><strong>Readings:</strong></td>
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<tr>
<td></td>
<td>American Psychological Association (2002). Ethical principles of Psychologists and codes of conduct. 1-16.</td>
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<tr>
<td>10/13</td>
<td>Ethics in Clinical Psychology</td>
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<td></td>
<td><strong>Readings:</strong></td>
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<tr>
<td>10/20</td>
<td>Ethics in Clinical Psychology</td>
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<tr>
<td></td>
<td><strong>Readings:</strong></td>
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10/27

**Introduction to Cognitive and Cognitive Behavioral Theory and Treatments**

**Readings:**


11/3

**Initial Interactions and Assessment in CBT**

**Readings:**


11/10

**Case Conceptualization and Feedback in CBT**

**Readings:**


11/17

**Beginning Treatment in CBT**

**Readings:**


11/24 Core Techniques in CBT
Readings:


12/1 Clinical Challenges and Termination in CBT
Readings:

